

**SAND SISTERS LOS ANGELES INC.**  
**Release and Waiver of Liability Release**

This Liability Waiver ("Agreement") is made and effective as of this \_\_\_ day of \_\_\_\_\_, 20\_\_\_, by and between Sand Sisters LA (DBA "Girl Powerful"), a California non-profit corporation ("Sand Sisters LA"), and \_\_\_\_\_ ("Participants").

The undersigned acknowledges, appreciates and agrees that: The risk of injury to myself or my child from the activities involved in Sand Sisters LA programs is significant, including the potential for permanent disability and death, and while particular rules, equipment and personal discipline may reduce this risk, the risk of serious injury does exist; and,

- 1) FOR MYSELF AND CHILD, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
- 2) I willingly agree to comply with Sand Sister LA's stated and customary terms and conditions for participation. If I observe any unusual significant concern for participation and/or in the program itself, I will remove myself and child from participation and bring such attention of the nearest official immediately; and,
- 3) I myself, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS SAND SISTERS LOS ANGELES INC.; it's directors, officers, officials, agents, employees, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my child's involvement or participation in these programs. WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
- 4) I, for myself and child, and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all of the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.
- 5) I hereby authorize Sand Sisters LA to publish photographs and videos taken of me and/or the undersigned minor children, for use in Sand Sister LA's printed publications, website, social media applications and video content, unless notified via email to Sand Sisters LA officials prior to the first day of the class, workshop and/or camp.
- 6) I acknowledge that participation in publications, websites and videos produced by Sand Sisters LA is voluntary, neither the minor children nor I will receive financial compensation.
- 7) I attest that I am the parent or legal guardian of the children listed above and below and that I have the authority to authorize Sand Sisters LA to instruct my minor child/children via password protected online classrooms. All online classrooms are recorded for security purposes.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY**

**SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

**UNDERSTANDING OUR RISK**

I understand the seriousness of the risks involved in participating in this program, my personal responsibilities for adhering to rules and regulations, and accept them as a participant.

\_\_\_\_\_  
(PARENT / GUARDIAN PRINT NAME)

\_\_\_\_\_  
(PARENT / GUARDIAN SIGNATURE)

\_\_\_\_\_  
(PARTICIPANT PRINT NAME)

\_\_\_\_\_  
(DATE SIGNED)